

Sexy Lamp



ABOUT THE SHOW

A light comedy. With shade.

Sexy Lamp is the semi-autobiographical multi-award-winning solo show written and performed by Katie Arnstein.

It's inspired by the Sexy Lamp Test, created by Kelly-Sue DeConnick which states "if you can replace a female character with a sexy lamp and the plot still functions, it fails". This critically acclaimed piece charts Katie's dreams of being an actor and the challenges she has faced because of her gender.

Winner of Show of the Week and Pleasance Pick at VAULT Festival 2019, featured in The Guardian's 15 Best Shows of the Fringe and back from sell-out shows in Edinburgh, *Sexy Lamp* shines a bright light on how ridiculous the acting industry can be and why Katie is refusing to stay in the dark any longer.



ABOUT THE WRITER

Katie Arnstein is a multi-award-winning writer/performer and songwriter whose first storytelling show *Bicycles and Fish* won Show of the Week at VAULT Festival 2018 and toured the UK.

Katie's work has been featured on The Unseen Hour, Comics and Curry (BBC WM) and It's Storytime...Get Upstairs. *Sexy Lamp* has been performed at Pleasance Courtyard (Edinburgh Fringe), The Party Somewhere Else (Nottingham Playhouse), Upstairs at the Western (Leicester) and Redbridge Drama Centre (London) along with many other UK venues.

Sexy Lamp is the second show in the *It's a Girl!* trilogy - the first being *Bicycles and Fish*; the follow up *Sticky Door* will premier at VAULT Festival 2020.

ABOUT THE DIRECTOR

Directing credits: *Sexy Lamp*, Katie Arnstein, Vault & Edinburgh Festival, 2019. *Ad Libido*, by Frances Bush, Pleasance Courtyard, Edinburgh Festival 2018 & Vault Festival 2018. The Rounds, Royal Central School of Speech and Drama, November 2018. *Snow Mouse*, Travelling Light in co-production with the egg, Bath, Christmas 2015. *Hurricane Boy*, UK Tour Spring, 2015.

Ellen has been both associate and assistant director at a number of theatres and companies including National Theatre, Stratford East, Bristol Old Vic and Propeller. Ellen was Resident Director, National Theatre Studio 2017-2018.

KEY INFORMATION

Availability:	Spring 2020, End of March to Early June. 1-5 Performances
Touring Company:	1 performer, 1 stage manager
Fee:	Deals are negotiable - contact beccydsouza.producer@gmail.com
Technical:	<p>Get in on day of first performance, 1 technician required.</p> <p>Lighting: Simple washes and a few colours required (but not necessary).</p> <p>Sound: Qlab run through company's own laptop, mini jack input required.</p> <p>Set includes a large free standing lamp (company's own) that needs to be turned on and off through the tech box.</p>
Target Audience:	We are keen to reach the under 25s with the show however <i>Sexy Lamp</i> is suitable for all ages 12+.
Running time:	60 minutes no interval

KEY INFORMATION

Workshops:

Discussions and Question & Answers on themes around #MeToo and #TimesUp. Workshops on creating solo shows and auto/semi-autobiographical pieces.

We are also keen to tailor make workshops for your venue. We would require advance notice but would be delighted to discuss what your audiences might benefit from and will happily accommodate these needs.



TEAM

Writer and Performer Katie Arnstein @KatieArnstein

Director Ellen Havard @EllenHavard

Producer Beccy D'Souza @RebeccaD_Souza

Designer Lizzie Leech

Main Images Simon Jefferies

Production Shots Jason Drake

Sound Designer Andrew Hollingworth



SHORT COPY

Ever been treated like an inanimate object?

Katie has.

She's actually a friendly, lovable and hilarious real life person.

Join her as she relives, through story and songs, all the times she was not seen as one.

Somewhere between the comedy of Victoria Wood, the comfort of going for a drink with your best mate and the high drama of Hamlet*.

You'll leave feeling empowered, enlightened and full of FIRE.

*It is nothing like Hamlet.

Winner of Show of the Week at VAULT Festival 2019

Winner of Pleasance Pick of VAULT Festival 2019

★★★★★ "As good as it gets" Broadway Baby

★★★★★ "Genius" VoiceMag UK

★★★★★ "Brilliant, brilliant, brilliant" Within Her Words

★★★★★ "Supremely assured" The Guardian

★★★★★ "Exquisite" The List

LONG COPY

An award winning light comedy. With shade.

Ever since Katie was cast as the lead in her primary school production of “Santa’s Snowmobile” she believed there was a place for her in show business. Since then named, speaking and full clothed roles have been harder to come by. Winner of Show of the Week and Pleasance Pick of VAULT Festival 2019. *Sexy Lamp* is Katie’s “supremely assured” (The Guardian) solo show that brilliantly combines comedy, original songs and storytelling to shed a bright light on how ridiculous the industry can be and why Katie is refusing to stay in the dark.

“Thoroughly entertaining” Lyn Gardner

★★★★★ “As good as it gets” Broadway Baby

★★★★★ “Genius” VoiceMag UK

★★★★★ “Brilliant, brilliant, brilliant” Within Her Words

★★★★★ “Remarkable” Close-up Culture

★★★★★ “A complete joy” View From The Cheap Seats

★★★★★ “Powerful, provocative and emotional” Last minute Tickets

★★★★★ “Sharp and fresh” Nothing in the Rule Book

★★★★★ Guardian

★★★★★ Musical Theatre Review

★★★★★ Bouquets and Brickbats

★★★★★ The List

★★★★★ “A delight to watch” Everything theatre

★★★★★ “Go Immediately” LondonTheatre1

“She really is one to watch.” Ought to be Clowns

“Polished Storytelling” Broadway World

PRESS

Winner: Show of the Week at VAULT Festival 2019

Winner: Pleasance Pick at VAULT Festival 2019

Guardian Top 15 Edinburgh Shows Now Touring: [Link](#)

Guardian Edinburgh Round-up in Pictures: [Link](#)

Guardian Interview on Theatre and #MeToo: [Link](#)

Special Mention from Bouquets and Brickbats in their Best of Edinburgh Bouquets: [Link](#)

Katie was also invited to write the following piece for The Stage Newspaper: [Link](#)

AWARDS



PROUDLY SUPPORTED BY



VAULT

SOCIAL MEDIA AND CONTACT

@[KatieArnstein](#)

#SexyLamp

www.KatieArnstein.com

contact: beccydsouza.producer@gmail.com

